

P. A. H. L.

Pittsburgh Amateur Hockey League

Rules
And
Regulations

2011-2012 SEASON

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PITTSBURGH AMATEUR HOCKEY LEAGUE
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I. AUTHORITY and ENFORCEMENT

1. Rules:

- A. P.A.H.L. Member Associations, teams, team officials, players, player's parents and spectators must comply with "P.A.H.L. Rules and Procedures", as they are applicable.
- B. All P.A.H.L. League and Playoff Games are to be played in accordance with USA Hockey and Mid Am District Hockey Rules and as modified in these P.A.H.L. Rules and Regulations.

2. Enforcement

- A. The P.A.H.L. (as empowered by USA Hockey) reserves the right to forfeit games, adjust standings and/or fine any P.A.H.L. Member Association, team, team officials, player or players' parents and spectators as necessary to maintain the philosophy of USA Hockey and the good of P.A.H.L.
- B. Any violation of USA Hockey, Mid AM District Hockey, or P.A.H.L. Rules may be cause for review by the P.A.H.L. Rules and Procedures Committee or P.A.H.L. Discipline Committee as applicable.

3. Fines, Suspensions, Protests, and Appeals:

- A. All fines for failure to abide by P.A.H.L. Rules as defined and where imposed are payable at or before the next scheduled P.A.H.L. meeting.
- B. All actions of the P.A.H.L. Discipline Committee, including suspensions, will follow procedures outlined in the USA Hockey Annual Guide and as amended by P.A.H.L.
- C. Protests may be lodged to the P.A.H.L. Rules and Procedures Committee or the P.A.H.L. Discipline Committee following the "Protest Procedure".
- D. Appeals may be lodged to the USAH Mid Am District following the "Appeals Procedure".
- E. Fine payments must be made the last week of the season, before playoffs, must be made by cash, money order, or bank check.
- F. Member organizations who do not have representation during mandatory monthly meetings will be fined \$50.00. Member organization whose representative leaves the mandatory monthly meeting early will be fined \$50.00.
- G. Member organizations are required to have representation at mandatory P.A.H.L. meetings. After missing 3 consecutive mandatory P.A.H.L. meetings, an organization will be placed on probation (probation parameters are detailed in P.A.H.L. Bylaws) until representation returns and all outstanding fines are paid.
- H. Member organizations with declared PAHL Mite teams who do not have representation during mandatory ADM Mite meetings will be fined \$50.00. Member organization whose representative leaves the mandatory ADM Mite meeting early will be fined \$50.00.

4. Financial Obligation Clearance:

- A. Before a player is granted permission to leave one PAHL member association to play for another, all of his or her financial obligations must have been met with the original member association. If the player in question has failed to meet those obligations he or she will be denied playing privileges in any PAHL games until the debt is satisfied.
- B. Associations should provide a list of "Bad Debt" players (name, birth date, address, and phone) to the President of PAHL by the August Mandatory meeting. The player will be located and notified as to requirements for playing clearance.

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II. STATISTICS and STANDINGS

1. Division Statisticians:

- A. Will review and verify P.A.H.L. team documents, prior to and during the season, to see that they comply with USA Hockey, Mid Am District Hockey, and P.A.H.L. rules, and report any discrepancies to the P.A.H.L. President.
- B. Report all division statistics each week.
- C. Compile P.A.H.L. League statistics to include win, losses, ties, goals for, goals against, and penalty minutes.
- D. Report fines to P.A.H.L. Member Associations and the P.A.H.L. League Treasurer per procedures.
- E. Report Match, Game penalties, and Game suspensions to the P.A.H.L. VP Discipline.
- F. Track and verify the proper serving of game suspensions.
- G. Verify score sheet accuracy, completeness and timeliness: report and assess fines to P.A.H.L. Member Association Presidents where applicable.
- H. Contact team representative when score sheets are not received within the proper time frame.
- I. Verify all players on score sheets at least three times per year with the appropriate team/player documentation.

2. Standings:

- A. League standings will be determined by the following point system: win = 2 points, tie = 1 point, and a loss = 0 points.
- B. If a tie exists, the following tiebreaker system will be used.
 - a. Head to head League games (win, losses and/or ties only)
 - b. Number of wins in League games.
 - c. Lowest goals against.
 - d. Lowest penalty minutes.
 - e. Greatest goal ratio: GF divided by GA (GF/GA)
- C. A forfeited game will be counted for P.A.H.L. season standings as a 1-0 loss. The opposing team will receive a 1-0 win. This includes all games (wins---ties---and losses).

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III. TEAMS

1. Age Classification:

- A. The following age classification is in effect for teams playing in the P.A.H.L.:

<u>BOYS TEAMS</u>	<u>GIRLS TEAMS</u>
Mite ADM	U10
Squirts	U12
Peewees	U14
Bantams	U16
Midgets	U19

- B. P.A.H.L. age classification for League play will comply with USA Hockey guidelines
- C. Girls may play on Boy's teams but must conform to Boy's age classifications.
- D. Any player who plays at a younger age playing classification shall be considered an "ineligible player".

2. Composition of Teams:

- A. The method of player selection is exclusively a P.A.H.L. Member Association matter.
- B. There shall be no less than eleven (11) and no more than twenty (20) players officially rostered on each team.

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IV. REGISTRATION

1. Associations:

- A. P.A.H.L. Member Associations must be members of, and in good standing with, USA Hockey and Mid- Am USA Hockey.
- B. All P.A.H.L. Member Associations must submit the name, board and/or committee positions, mailing addresses and phone numbers of their Board of Directors, indicating the designated P.A.H.L. Representatives by the July P.A.H.L. meeting
 - a. Each Member Association is allowed five (5) designated Representatives (2 board members of which, one must be the Association President, and three others).
 - b. The list of designated representatives must be current and accurate and may be amended or revised not more than twice in any P.A.H.L. season.

2. Team Rostering:

- A. All teams must be registered and in good standing with Mid Am and USA Hockey (using official USA Hockey forms) and all prescribed USA Hockey and Mid Am Hockey fees must be paid prior to playing any scrimmages, exhibition games, tournaments or P.A.H.L. League Games.
- B. The P.A.H.L. Team Representative shall place on file a Certified USA Hockey Roster with the appropriate P.A.H.L. Division Statistician at the time of P.A.H.L. League Scheduling.
 - a. Stamped approved copy of the USA Hockey Team Roster must be submitted for the association's team to be able to schedule.
 - b. Any extenuating circumstances to be addressed by the P.A.H.L. Board.
- C. The USA Hockey Team Roster must be postmarked, emailed or faxed to the USA Hockey Registrar before, to the or the same day, the player first participates in any P.A.H.L. games.

3. Player Registration:

- A. Players must have completed all USA Hockey required documents and paid all prescribed fees prior to participation in scrimmages, exhibition games, tournaments, or P.A.H.L. league games.
- B. Each player must be a registered member of a P.A.H.L. Member Association in order to participate in P.A.H.L. League games.
- C. Boys shall be rostered on only one (1) P.A.H.L. team and with one (1) P.A.H.L. Association.
- D. Boys rostered on a Tier I team are not permitted to also be rostered on a P.A.H.L. member association Tier II or House/Rec team. Girls rostered on a Tier I girls team, may not be rostered on a P.A.H.L. girl's team, but may be rostered on a P.A.H.L. boy's Tier II or House/Rec team subject to USA Hockey guidelines.
- E. Youth Players are not permitted to be rostered on a Junior Team and a P.A.H.L. Midget Team
- F. Girls may be rostered on up to two (2) P.A.H.L. teams
 - a. One must be a girl's team.
 - b. The second team may be either a boys or a girls team, but must be in a different division

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c. Only 5 girls may be double-rostered from other teams

- G.** Girls must declare by December 31 which team they would play for in games leading toward a National Championship.
- H.** An injury replacement goalie will be allowed to play, and be rostered on two P.A.H.L. teams within the same association with the following stipulations:
 - a. Must be registered as an *“injury replacement only goalie”* and must be submitted to the appropriate P.A.H.L. statistician on a supplemental roster only.
 - b. Will never be permitted to “skate out”
 - c. The injured goalie that is being replaced will not be allowed to “dress” for the game/games that he/she is reporting as injured.
 - d. The *“injury replacement goalie”* must be within the same age division and can never play down to a lower age division or lower skill level at that age division. (Exceptions may be granted by the PAHL Exec. Board)
 - e. The *“injury replacement goalie”* will not be eligible for two teams entering the P.A.H.L. playoff’s. The *“injury replacement goalie”* must choose and declare which team that he/she will be playing for in the P.A.H.L. playoff’s.

4. Coaches Registration:

- A.** Coaches must have completed a USA Hockey “Individual Membership Registration” and paid all fees prior to participation in any on ice try-outs, practices, scrimmages, exhibition games, tournament games, or P.A.H.L. League Games.
- B.** The Head Coach and all rostered Assistant Coaches must have attained at least the level of coaching Certification as required by USA Hockey.

5. Roster Changes:

- A.** All roster changes shall be made according to the rules of P.A.H.L. and USA Hockey. Roster changes must be postmarked, emailed and/or faxed to the USA Hockey Registrar on or before the same day, the player participates in any P.A.H.L. games.
- B.** When adding a player to a P.A.H.L. team, the P.A.H.L. Member Association must notify and submit notification to, and be approved by the P.A.H.L. Placement Committee. A player is considered to be an ineligible if this procedure is not followed.
- C.** Member Association teams must submit a copy of amended USA Hockey “Team Roster Forms” to their Division Statistician prior to playing their next League game. (This includes both additions and deletions).
- D.** Once rostered, a P.A.H.L. player can not move down to a lower skill level without the approval of the P.A.H.L. Placement Committee.
- E.** P.A.H.L. prohibits any roster changes after December 31, except when voted on and approved by the P.A.H.L. Board of Directors at a scheduled P.A.H.L. meeting. Any Player added after 12/31 is not eligible for PAHL Playoffs. Exceptions can be made for special situations which may include new players moving into the area, or the replacement of injured players. In cases after 12/31, the placement committee must provide a 75% positive recommendation to the PAHL executive board who will approve or deny the addition. Any appeals must be made to the full membership at the next regularly scheduled meeting. This rule applies to teams that are registered as House/Rec only.
- F.** Rostered players may not change P.A.H.L. Member Associations after July 1st without written approval and financial release by the original P.A.H.L. Member Association President. All correspondence concerning movement of players from one member association to another must have a copy of the correspondence sent and e-mailed to the President of PAHL.

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- G.** Temporary rostering of players in the P.A.H.L. is strictly prohibited. A temporary rostered player will be considered an “ineligible player”.

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V. SCHEDULING

1. Scheduling:

- A. All P.A.H.L. Member Associations must submit the number of teams playing in each division to the P.A.H.L. Scheduler by the Team Placement Meeting in September to facilitate the scheduling process. There must be a minimum of 4 teams to declare an “official” division for scheduling.
- B. All P.A.H.L. Member Associations must have paid all fees, fines, assessments prior to the P.A.H.L. scheduling meeting or they cannot schedule.
- C. Each P.A.H.L. Member Association Team must schedule half (1/2) the number of games required for League play as home games.
- D. Each P.A.H.L. Member Association Team should schedule half (1/2) of its’ P.A.H.L. League games before 12/31.
- E. P.A.H.L. scheduled League games will take precedent before exhibition, scrimmages, tournament games, or other outside league games.
- F. Each team in every division must play every other team in its division at least once during the season. If necessary, the division will be divided. Motions will be received at the September P.A.H.L. meeting to split any other Division.
- G. All regular season P.A.H.L. games must be played on the weekends, except for make up games. Make up games scheduled on weeknights will need the approval of both association presidents and clearance from the P.A.H.L.
- H. All PAHL Teams should reserve the last weekend of the regular season to allow for regular season make up games due to cancellations
- I. Any P.A.H.L. Member Association that withdraws a team from competition after scheduling will still be responsible for payment of that team’s annual assessment fee and any other fines that have been incurred to date.
- J. All Squirt teams will schedule a 4 game pre-season to be played in October for the purpose of Team Placement. Then, following placement of the teams into competitive divisions, the remaining games will be scheduled for the “official” season.
- K. Mite ADM Scheduling will be handled within the Mite Jamboree Program**

2. Team Placement:

- A. It is the philosophy of P.A.H.L. Member Association for teams to play at the most competitive division commensurate with their player’s skill level.
- B. All P.A.H.L. Member Association Teams must submit a completed P.A.H.L. Team Experience Form to the P.A.H.L. Placement Committee for placement consideration.
- C. A P.A.H.L. Member Association Team who does not submit a P.A.H.L. Team Experience Form by the deadline will not be eligible to schedule P.A.H.L. League games.
- D. All teams PeeWee through Midget will be required to participate in mandatory placement scrimmages, with the number of scrimmages and teams selected by the placement committee, prior to being placed by the placement committee.**
- E. The P.A.H.L. Team Placement Committee will review all P.A.H.L. Member Association Teams Experience sheets for approval at each level.

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- F.** A P.A.H.L. Member Association Team may request to play at a different level by submitting additional documentation along with the P.A.H.L. Team Experience Sheet to the P.A.H.L. Team Placement Committee for review.
- G.** All decisions by the P.A.H.L. Team Placement Committee that involves moving a team up or down from the requested position will be communicated to the P.A.H.L. Member Association’s President before the team finalization meeting in September.
- H.** Team placements in each division are as follows.
- | | |
|--|---|
| <p>a. <u>AGE DIVISIONS – YOUTH</u></p> <ul style="list-style-type: none"> Midget 18 U AA Midget 16 U AA Midget (18 & under) Bantam (14 & under) Pee Wee (12 & under) Squirt (10 & under) Mite ADM (8 & under) | <p>b. <u>AGE DIVISIONS – GIRLS</u></p> <ul style="list-style-type: none"> Girls (19 & under) Girls (16 & under) Girls (14 & under) Girls (12 & under) Girls (10 & under) |
|--|---|
- a. POSSIBLE SKILL LEVELS
- “ AA”
 - “ A”
 - “ B”
- Levels will be divided further into Major and Minor skill groups where deemed necessary to assure competitive division groupings.

League skill levels not assigned for Mites

3. Numbers, Length, and Time of Games:

- A.** The minimum number of P.A.H.L. League games scheduled for each age and level classification for the current season will be as follows:

<u>Age Classification</u>	<u>“AA”</u>	<u># of Games</u>	<u>“B”</u>
Squirts	20 (4+16)	18 (4+14)	18 (4+14)
Peewees	20	20	20
Bantams	20	20	20
Midgets	20	20	20
Girls U19, U16	20	20	20
Girls U14, U12, U10	18	18	18

- B.** PAHL will not schedule any one team playing another team in the same division more than a maximum of 4 time in the regular season (two home and two away). PAHL reserves the right to change the total number of game in any division to accommodate the previously stated condition. All P.A.H.L. League games must have the following **minimum ice slots** available for game play, excluding resurfacing time.
- | | |
|---|-------------|
| a. Squirts | 65 Minutes |
| b. A/B Bantam/ Peewee | 70 Minutes |
| c. AA Midget/Bantam/Peewee/ A Midget with out ice cut | 90 Minutes |
| d. AA Midget/Bantam/ Peewee/ A Midget with ice cut | 100 Minutes |
| e. Girls | 70 Minutes |

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- C. The following Time Periods will be used for game play.
 - a. Squirts 12-12-12
 - b. A/B Bantam/Peewee 12-12-12
 - c. A Midget 15-15-15 with optional Ice Cut
 - d. AA Midget/Bantam/Peewee 15-15-15 with optional Ice Cut
 - e. Girls U10, U12, U14 12-12-12
 - U16, U19 12-12-12 with No Ice Cu
- D. Home Team must commit to either *Always or Never* performing an Ice Cut during a Midget/Bantam/Peewee AA or Midget A game before the annual scheduling meeting in September. Failure to comply will result in forfeiture of the game in question by the home team.
- E. No P.A.H.L. League game may be scheduled to start before 7:00 A.M.
- F. All P.A.H.L. League Games will be played. A P.A.H.L. Member Association Team will not be eligible for P.A.H.L. Playoffs if all P.A.H.L. League games are not played. Any exceptions must be approved by the P.A.H.L. Executive Board.

4. Home Team Responsibilities:

- A. Pays for all costs associated with a P.A.H.L. League home games and P.A.H.L. mandated preseason games and placement scrimmages.
- B. Supplies Off Ice Officials (Timekeeper and scorekeeper).
- C. Schedules Referees.
- D. Secures services of a Certified Athletic Trainer, Emergency Medical Technician, Paramedic, Medical or Osteopathic Physician, to be in attendance at all P.A.H.L. League games.
 - a. This group shall include any licensed health care professional and any additional persons who have successfully completed and maintained certification for Advanced First Aid, Cardiopulmonary Resuscitation and Basic Life Support.
 - b. A suitable first aid kit or “trauma Bag” must be available
- E. Curfew Clock:
 - a. Is mandatory to provide a digital clock or analog clock to be visible to coaches and official timekeeper for each P.A.H.L. scheduled game.
 - b. There is a \$50.00 fine for each game a curfew clock is not provided and visible
- F. If the sound equipment is provided the home team is encouraged to play The National Anthem just prior to the opening face off at any PAHL game.

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VI. CANCELLATIONS

1. Game Postponement:

- A.** Extreme inclement weather, rink equipment failure, inadequate number of required referees, or other extraordinary circumstances shall be grounds for game postponement and will not constitute a forfeit.
 - a. This decision will be made by the two P.A.H.L. Association Presidents, designated Executive Board members or appointed PAHL VP of Scheduling and if necessary by the P.A.H.L. Rules and Procedures Committee.
 - b. Coaches and Referees and team managers are not authorized to cancel games
- B.** Any team not showing up to play a scheduled game except for the above reasons will forfeit the game unless both P.A.H.L. Associations **Presidents** consent to reschedule the game. If the president is unavailable the Vice President will be authorized to make the decision.
 - a. The canceling P.A.H.L. Member Association is liable for all game costs.
 - b. The game should be rescheduled at the rink where it was originally scheduled to be played.
- C.** A team that shows up for a scheduled P.A.H.L. league game without a coach will be considered a no show, and be required to forfeit or reschedule as per 1. B above.
- D.** After Scheduling of the current season, (other than situations covered in A. above) a P.A.H.L. Member Association team is responsible for the \$25.00 game change fee for their first game change, unless made during the ten (10) day grace period following the scheduling date. Any subsequent game changes by that team will result in a \$250.00 fee per game to the requesting organization.

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VII. GAMES

1. Control of the Game:

- A. The referee may do anything in his power to control the game, including the premature termination. In such instances the P.A.H.L. Rules Committee will decide whether the game shall be canceled, suspended, forfeited, or considered complete.
- B. In addition to suspensions imposed under USA Hockey Rules, the P.A.H.L. Rules and Procedures Committee or the P.A.H.L. Discipline Committee, at their discretion, may investigate any incident that occurs in connection with any game. They may assess additional penalties and/or suspensions for any offense committed before, during or after a game, by a team, team player, team official, or parent, whether or not such offense has been penalized by a referee.

2. Coaches:

- A. The Head Coach or acting Head Coach will initial the score sheet prior to the start of the game to acknowledge a correct roster, documented player game misconduct's, and game curfew time.
- B. All coaches who are present on the bench for a registered P.A.H.L. team must have completed the required USA Hockey Coaching Certification.
- C. After a P.A.H.L. League game, it is the responsibility of the head coach to review all game score sheets to determine if any player has received a game misconduct, had five (5) or more penalties, or the team was in excess of fifteen (15) penalties during the game, then by signing the score sheet acknowledges that he/she has done so.
- D. Contact the P.A.H.L. Divisional Statistician and Vice President of Discipline within 48 hours of a game for any and all game misconducts.
- E. The Head Coach shall be responsible for the eligibility of his/her players.

3. Referees:

- A. Only duly registered officials holding USA Hockey Referee cards shall be authorized to serve as referees or linemen in any P.A.H.L. League Game.
- B. The on-ice official who assesses a match penalty must submit a written report to the P.A.H.L. Discipline Committee Chairperson within forty-eight (48) hours of the game.
- C. The name of any parent or fan and their Association, whose conduct is inappropriate or contradictory to the guidelines of USA Hockey and the P.A.H.L. shall be noted on the score sheet and any additional information must be included as necessary.
- D. A referee or linesman for a P.A.H.L. regular season game or a P.A.H.L. playoff game must satisfy the following requirements:
 - a. **Cannot** be a parent, brother, sister of a player, of any team in the same skill level of an age division.
 - b. **Cannot** be a coach of either team.
 - c. **Cannot** be a player in the same age division.
 - d. **Cannot** be a coach in the same skill level of an age division
 - 1. Violation of the above rule must be reported to the P.A.H.L. Discipline Committee for consideration.

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2. These rules may be waived by the mutual agreement of the coaches prior to the start of the game and must be written and signed by both coaches on the score sheet.
 3. Failure to sign the agreement will result in a forfeiture of the game by the offending team.
 - E. Two officials are required at the Midget Boys and Girls U-19 levels. A third official may be scheduled at the association's discretion, and follow the USA Hockey rule of One (1) Referee and Two (2) Linesmen.
 - F. A minimum of two officials are required for all checking division games. If only one official shows up and the second does not arrive within 15 minutes of the start time, the game must be rescheduled. The teams are not permitted to scrimmage in place of the scheduled game. If the teams engage in an unauthorized scrimmage, both Head Coaches will be suspended.
- 4. EMT:**
- A. An EMT (see rule V.4.) is to be present at all P.A.H.L. League games. At multiple ice surface facilities, there must be an EMT at each ice surface if there are separate games being played simultaneously.
 - B. They are to sign the score sheet indicating their presence prior to the start of the game.
 - C. If an EMT is not present for a game, the game **must be canceled and rescheduled**. The home Association will receive a \$25.00 fine for each offense. If a game is started and played to **ANY** extent without an EMT present the home association will receive a \$250.00 fine.
 - D. The EMT must have at their disposal a suitable first aid kit or trauma bag.
 - E. **Coaches cannot serve as both EMT and coach in the same game.**
- 5. Parents/Spectators:**
- A. Parents must at all times before, after, and during the game, conduct themselves according to the USA Hockey "Spectator Code of Conduct" and "Zero Tolerance Policy".
 - B. Failure to follow proper code of conduct will result in disciplinary action.
- 6. Number of Players:**
- A. Each P.A.H.L. team must have the proper minimum number of players dressed and on the ice before the opening face-off, under penalty of forfeiture. The teams cannot waive this rule.
 - B. A P.A.H.L. League game may be played without a team goaltender.
 - C. A minimum of nine players are required to play a P.A.H.L. league game with the exception of the Midget boys and 19U girls age classifications where a minimum of eight players are required.
 - D. The opening face-off shall not be delayed by more than fifteen (15) minutes by reason of insufficient players (to be defined as players on the way). The game must be played according to the scheduled start and curfew times.
 - E. An insufficient number of players or inappropriate USA Hockey level Coach will be classified as a no-show subject to the appropriate costs and fines.

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7. Team Documents:

- A. Each P.A.H.L. team coach and/or manager must have in their possession at every P.A.H.L. scheduled game the following documents:
 - a. A USA Hockey “Player Roster Form” that has been certified by the MidAm District USA Hockey Registrar to be true and correct. P.A.H.L. requires rosters for squirt through midget and girls to be signed by the players and initialed by coaches. Mite rosters do not require player signatures.
 - b. USA Hockey IMR or current USA Hockey Membership card for each rostered player and coach (only required if the association did not register electronically).
 - c. A completed USA Hockey “Consent to Treat” form for each rostered player, coach, and Manager
 - d. A completed USA Hockey “Waiver of Liability, Release, Assumption of Risks” form for each player, coach, and Manager. (only required if the association did not register electronically).
 - e. A copy of USA Hockey “Coaches Achievement Program” card for each registered coach.
 - f. Evidence of screening---Act 33/34 as required by USA Hockey for each coach and manager
 - g. Other USA Hockey or P.A.H.L. documents pertinent to players and coaches eligibility, including approved “Roster Changes”.
 - h. PAHL Risk Acknowledgement and Liability Waiver form for any player that is playing up at an age level that is one year in age above USA Hockey’s recommended guidelines.
- B. Birth Certificate copies shall be kept on file by the Association Registrar and not in the Team Book as per USA Hockey
- C. Documentation will be available, upon request, to a team official of the opposing team prior to the game.
- D. Any challenge by an opposing team, of a player or coach’s eligibility, shall be noted on the score sheet, and signed by the team official.
- E. The Division Statistician will review challenges of eligibility, and information forwarded to the P.A.H.L. Rule and Procedure Committee for final determination of penalties, including forfeitures and suspensions when found valid.
- F. A P.A.H.L. Credentials Verification form must be completed and sent to the P.A.H.L. to show evidence of compliance for all documents/requirements for Coaches and Managers.

8. Equipment and Uniforms:

- A. All P.A.H.L. Member Association Team players, at all levels are required to properly wear protective equipment at all practices, warm-ups, and games as required by USA Hockey Playing Rules with these additions:).
 - a. All players are required to wear an internal mouthpiece
 - b. An unaltered neck guard of a commercial type specifically designed as a slash guard. Socks, rags, handkerchiefs, etc., tied around player’s throat are not adequate throat protection).
 - c. In addition, goalkeepers are required to wear a “gobbler style” throat protector and neck guard.
 - d. Only a player who is recuperating from a facial and/or mouth injury, or who has permanent vision impairment, as certified by a doctor’s certificate, may wear special face and/or mouth protection.

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- B. All uniforms on a team, including the goalkeeper's shall be of the same color and shall be numbered (no duplicate numbers).
- C. In case of similar colors, the home team must make the change. (Coaches are to cooperate in the choice of colors. Home teams should get their choice but must accommodate visiting teams that have only one color jersey).
- D. All P.A.H.L. players must wear a "stop patch" on the back of their Jersey.
 - a. A player is not able to play in any game that the "stop patch" is missing.
 - b. The Scorekeeper will not start the game clock until the player without a "stop patch" leaves the ice.
 - c. Curfew times will not be changed.
 - d. Stop patches are not required for Mite ADM
- E. Goal pins shall be used in games for all divisions - squirt through midget, including girls.

9. Game Time:

- A. P.A.H.L. League games will be played using USA Hockey "stop time" rules
- B. When one team has a lead of seven (7) or more goals there will be a "running clock".
 - a. The clock will run continuously except when a goal is scored, a penalty is called, the puck leaves the playing area, or a player is injured.
 - b. Penalties occurring with a running clock will also be on "running time" and will be consistent with USA Hockey Rules. There is no 3 minute penalty during the "running clock" time.
 - c. The game will return to "stop time" whenever the goal differential is six goals or less.
 - d. The "running clock" will not start prior to the second period even if the seven goal lead is attained in the first period.
 - e. A maximum goal differential of seven (7) will be the largest goal differential that can be displayed on the scoreboard.
- C. It is the responsibility of the home association to abide by all curfew times and to insure that each official game score sheet has a curfew time written in its proper space.
- D. Prior to the start of the game, the official timekeeper must notify both coaches of the curfew time and **both coaches initial the score sheet.**
- E. The **Official Timekeeper** is the only person that has the authority to curfew a P.A.H.L. League game. (**Officials/referees/coaches cannot curfew a game**).
- F. Time outs are not permitted in P.A.H.L. Regular Season Games.
- G. Overtime is not permitted in P.A.H.L. Regular Season Games.

10. Handshake and Exiting the Ice:

- A. The handshake will take place **after** the game.
- B. If an incident occurs during the handshake, **both players and coaches** may be issued a game misconduct by the referee. If a player is involved in a second incident during the P.A.H.L. League season, the player(s) and involved coach(s) will receive a 3 game suspension.
- C. The referees are the only parties permitted to waive the handshake and send teams directly to the locker rooms. Refusal by the coaching staff to shake hands will result in a one (next) game suspension to the head coach.

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11. Score Sheet:

- A. The Coach and/or manager have the ultimate responsibility for the complete and accurate records of his team.
- B. The score sheet shall be initialed prior to the game by each Head Coach, the Official Scorekeeper, and the EMT.
- C. After a P.A.H.L. League Game, the score sheet is to be verified and signed by all referees, linesmen, coaches and the Official Scorekeeper, and a copy retained by each P.A.H.L. Association's Statistician.
- D. Any match penalties, game misconduct and/or suspensions, and the serving of which, is to be noted on the top of the score sheet.
- E. Record the name of any parent or spectator, their Association, and the type of offense as indicated and requested by an on ice official.
- F. The Home team has the ultimate responsibility that the score sheet is filled out in an accurate, legible, and complete manner according to P.A.H.L. and USA Hockey rules.
 - a. Date of Game.
 - b. Age group.
 - c. Level and division.
 - d. Complete Team Names, both Home and Visitor.
 - e. Game Number.
 - f. Curfew Time.
 - g. Coach and Manger Names and telephone numbers.
- G. Upon completion of a P.A.H.L. League Game, the Home Team is responsible for forwarding the white (top) copy of the score sheet to the appropriate Divisional Statistician. If the score sheet is not submitted within the appropriate time frames, the home team will be assessed a fine as defined by the P.A.H.L. Fine Schedule, payable to the P.A.H.L. by the Home Team's Association.
 - a. Scores must be e-scored to the appropriate Divisional Statistician no later than noon of the Monday following weekend games.
 - b. Score sheet original must be postmarked within five (5) working days (no certified mail, first class only).
- H. Score sheet must be submitted in a legible, complete, and accurate manner. If not, the P.A.H.L. Member Association home team will be assessed a fine as defined by the P.A.H.L. Fine schedule, payable to the P.A.H.L.
- I. Must fax a copy to P.A.H.L. VP Discipline for any game misconducts or match penalties.

12. Drugs and Alcohol:

- A. Any spectator, as well as any game participant including players, all coaches, found to be under the influence of alcohol, narcotic drugs, or illegal drugs of any kind, shall be ejected from the game and shall face a hearing before the P.A.H.L. Discipline Committee within 30 days.
- B. Prior to the hearing the violator shall not participate or be involved with the team in any way including practices, exhibition games, tournament games, P.A.H.L. League Games or other outside P.A.H.L. League games.

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13. ADM Mite Jamboree Hockey

- A. Guidelines for the ADM Mite Jamboree Hockey are in Section X

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VIII. PLAYOFFS

1. Season Champs:

- A. Season Champions will be recognized for all divisions, Midgets through **Squirts**.
- B. Season Champions teams will receive a P.A.H.L. Season Champion Banner and individual players will receive medals.
- C. The presentation of the Season Championship Awards either immediately prior to the first playoff game/open division game, off the ice prior to the first playoff game or after the playoff game will be determined by the Head Coach. The Head Coach may also choose to waive a presentation and instead hand out the awards at another time.

2. Playoffs – Qualifying Tournaments:

- A. All checking division teams, and all Girls division teams must qualify for playoff participation by their performance and final standings in the P.A.H.L. regular season..
- B. The number of teams eligible to participate from each division will be finalized by the October P.A.H.L. meeting and will include 35% - 40% of each division, with a minimum of 4 teams.
 - c. 10 teams or less-----top 4 make playoffs
 - d. 11 to 16 teams-----top 6 make playoffs
 - e. 17 or more teams-----top 8 make playoff
- C. The playoff seeding will be determined from the final P.A.H.L. regular season statistics and the higher seeded team in each game will be considered the “home” team.
- D. All divisions will follow a single elimination tournament format.
- E. All PAHL teams that have qualified for the PAHL playoffs must participate or a fine of \$1,000.00 will be assessed.
- F. Playoff Champion teams will receive a P.A.H.L. Playoff Champion Banner and individual players will receive medals.
- G. Playoff Finalist (second place) team players will receive medals.

3. Playoffs – Open Division Season End Tournaments:

- A. All Squirt division teams are eligible to enter the Open Division Tournament for their division.
- B. Teams electing to attend the Open Division Season End Tournament will be required to register for the tournament and submit payment for their first game by January 15.
- C. The tournament format, seeding, and awards will be determined by the membership at the January meeting, and will be based on the number of teams attending.
- D. There will be no playoff/end of season tournament for Mites.**

4. Host Associations:

- A. Host Associations / locations will be determined by January 1st of each season for Playoff /ODSET divisions
- B. The Host Association is responsible for the scheduling and all associated costs for the ice time, referees, EMT’s, and security if required.
- C. The Host Association is responsible for contacting each P.A.H.L. team entered in the Playoff Tournament and informing them of their game times.

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- D. Each Host must choose a Playoff Director who is responsible for verifying team credentials, player eligibility, schedules, game results, etc.
- E. Each Host must choose a Discipline Director who is responsible for resolving any minor discipline and/or rules violations at the playoff site; and resolving any major discipline and/or rules violations with the assistance of the V.P. of Discipline or the V.P. of Rules.
- F. All Game Misconducts and Match Penalties must be reported to the V.P. of Discipline.

5. Participating Teams:

- A. All teams participating in a playoff tournament must submit their team documents for review (see rule VII.7.A) to the Playoff Director before their first game.
 - a. The Playoff Director is empowered to determine the eligibility of any player, coach, or team.
 - b. Protests can be heard following the “Protest Procedure” (telephone and faxes will be used)
- B. All Playoff teams will be charged an amount to be determined at a Fall P.A.H.L. meeting. All checks are to be made payable to the Host Association and paid prior to the start of each Playoff game.
- C. All players must sign in one hour before the start of each Playoff game and be prepared to play 20 minutes ahead of the scheduled game time.

6. Game Rules:

- A. All P.A.H.L. Playoff Games are to be played under P.A.H.L. Season Rules except:
 - a. Games will not have a curfew.
 - b. The Playoff Director at each Playoff site will decide in a joint meeting with both the Head Coaches, how to resolve a suspended game. The completion of a suspended game, if deemed necessary, will be restarted from the point of suspension.
 - c. One time out per team of one (1) minute is permitted during regulation time.
 - d. For the Divisions that play 15 minute periods during the regular season , determination as to Ice Cuts between the 2nd and 3rd periods of P.A.H.L. play off games will be made at a Fall P.A.H.L. meeting
- B. Open division end of season tournament games will use the following 5 point scoring system:
 - 2 points for a game win
 - 1 point for a game tie
 - 1 point for the team scoring the most goals in one period and ½ point for any tied periods.
 - a. No shoot out will be permitted.
 - b. If teams are tied in points at the end of the round robins the tie breaker list will be as follows:
 - 1. Head to head during the tournament
 - 2. Lowest Goals against
 - 3. Lowest penalty minutes
 - 4. Greatest goal Differential (+ or -)
 - c. If tie games occur during Semi-Final or Final single elimination format games during the ODSET competition, the tiebreaker in section “C” below will be used.

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- C. Single elimination format playoff games tied at the end of regulation time will be decided as follows:
- a. Five-minute sudden death 5 on 5 overtime.
 - b. Five minute sudden death 4 on 4 overtime.
 - c. Five Player Shoot out (Home Team choice to go first)
 - d. Sudden Death shoot out. First unanswered goal wins. The entire player roster (except goalies) must be used before repeating any shooters. The five players used in the first shoot out are not permitted to shoot in the sudden death shoot out until all other players (except goalies) have participated.
 - e. There will be a one (1) minute time out between each overtime period.

7. Tournament Scheduling:

- A. The “Qualifying” Playoff Tournaments and Open Division Season End Tournament will be held before the USA Hockey State Tournaments.
- B. The Girls Division tournament dates will be scheduled one week before the youth divisions and the date must be determined at or before the January meeting.

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IX. DISCIPLINE PROCEDURE

1. Composition of Committees:

- A. The P.A.H.L. 1st Vice-President in charge of Discipline will chair the P.A.H.L. Discipline Committee.
 - a. The committee will have a minimum of five (5) members and a maximum of eight (8) members, three (3) of, which must be present at any P.A.H.L. Discipline Hearing to be held.
 - b. All other committee members are to come from the P.A.H.L. membership at large.
- B. The P.A.H.L. 2nd Vice-President will chair the P.A.H.L. Rules and Procedures Committee.
 - a. The committee will have a minimum of three (3) members and a maximum of five (5) members, two (2) of, which must be present at any P.A.H.L. Rules Hearing to be held.
 - b. A second Member of the P.A.H.L. Executive Board may belong to the committee.
 - c. All other committee members are to come from the P.A.H.L. membership at large.

2. Parents/Spectators:

- A. Any offense will be dealt with under the USA Hockey “Zero Tolerance Policy”.
- B. The parent’s P.A.H.L. Member Association has the responsibility to take action and shall report by letter within 5 days of the game to the P.A.H.L. VP of Discipline any offenses under the USA Hockey “Zero Tolerance Policy”.
 - a. The penalty assessed for the 1st offense is a \$25.00 (twenty five dollar) fine to the P.A.H.L. Member Association.
 - b. The penalty assessed for the 2nd offense is a \$50.00 (fifty dollar) fine to the P.A.H.L. Member Association plus a hearing in front of the P.A.H.L. Discipline Committee who may assess further penalties.

3. Ineligible Player:

- A. A player unregistered with USA Hockey will result in:
 - a. The immediate suspension of that player until proper registration is processed.
 - b. The immediate suspension of the Head Coach up until a P.A.H.L. Discipline Hearing is held.
 - c. Forfeiture of all P.A.H.L. games said player participated in.
- B. A player who is not rostered with USA Hockey will result in:
 - a. The immediate suspension of that player until the proper USA Hockey Team Roster forms are completed.
 - b. The immediate suspension of the Head Coach for each game that the player participated in up to a maximum of three (3) games.
 - c. Forfeiture of all games said player participated in.
 - d. If backup documentation is on file that proves the player was originally rostered/added and approved, and the paperwork trail shows that failure to properly file USA Hockey Team Roster Forms was unintentional, then the forfeiture of all games and any coach suspensions will be waived and instead the P.A.H.L. Member Association will be fined \$250.00 (Two Hundred Fifty dollars).

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- C. A player who is **playing down an age division** will result in:
- a. The immediate suspension of that player until proper registration is processed.
 - b. The immediate suspension of the Head Coach up until a P.A.H.L. Discipline Hearing is held.
 - c. Forfeiture of all P.A.H.L. games said player participated in.
- D. A player who has outstanding unserved game misconducts will result in:
- a. The immediate suspension of the player until all outstanding game misconducts have been served.
 - b. The immediate suspension of the Head Coach for each game that the player participated in up to a maximum of three (3) games.
 - c. Forfeiture of all P.A.H.L. games said player participated in.
 - d. The serving of suspensions must be recorded on the original game score sheet to count as served.
- E. A **player addition not approved** by the placement committee will result in:
- a. The immediate suspension of that player until the proper P.A.H.L. forms are completed.
 - b. If the proper P.A.H.L. forms are completed and the placement committee and the Board of the P.A.H.L. are satisfied that the addition of said player did not affect the competitive balance of the team so as to give it a clear advantage in the division, the only penalty will be a \$250.00 fine.
 - c. If the placement committee and the Executive Board of the P.A.H.L. feel that the player in question did affect the competitive balance of the team to the point that an unfair advantage existed for the team in question then that team must forfeit all P.A.H.L. games said player participated in and the offending Association will receive a \$250.00 fine.
 - d. The intent of this rule is to make sure that a team or an Association is not trying to gain unfair advantage in their division by bringing in a so called **“Ringer”** during the season.
- F. A player who **is temporarily rostered** will result in:
- a. The immediate suspension of that player until the proper registration is processed.
 - b. Forfeiture of all P.A.H.L. games said player participated in.

4. Suspensions:

- A. If any team official or player is serving a suspension, the official/player may not sit on or near the bench of the official/player team or in any way attempt to direct the play of the official/player team.
- B. Players and team officials not serving their suspensions will be considered “ineligible players” for every game in which they participate, until their suspension is served.
- C. When a game suspension is being served, it must be clearly indicated on the score sheet (Number of games served and number of games total).
- D. All suspensions resulting from game misconducts received by players in game play with their P.A.H.L. Team must be served in game play with their P.A.H.L. Team. Game misconducts received in P.A.H.L. game play, cannot be served by the player in one of his/her High School League team games.

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- E.** All suspensions must be served in the next game played, as required by USA Hockey, subject to the following:
- a. If the next game played is a P.A.H.L. League game, P.A.H.L. Playoff game, or USA Hockey sanctioned tournament game, the suspension is counted as being served in that game, provided:
 - 1. Official score sheet is noted properly.
 - 2. Evidence of suspension being served is provided to the P.A.H.L. Discipline Chairman.
 - b. If the next game played is a scrimmage or exhibition game, the player must sit out that game for USA Hockey, plus the next game for P.A.H.L. as noted in (a.) above.
- F.** A player or coach will receive additional penalties under the 5/15 rules.
- a. If a player/coach receives a 2nd game misconduct during the P.A.H.L. season, they will receive an automatic additional two game suspension, for total three game suspensions.
 - b. If a player/coach receives a 3rd game misconduct during the P.A.H.L. season, they will receive an automatic additional three game suspension, for total four game suspensions and will have a Discipline hearing before the P. A. H. L. Discipline Committee for further actions.
- G.** A player or coach will receive additional penalties under the following game misconduct situations.
- a. If a player/coach receives a game misconduct following the conclusion of play, they will receive an automatic additional one game suspension.
 - b. Accumulation of game misconducts over the course of regular season P.A.H.L. League play will result in the following progressive penalties.
 - 1. If a player/coach accumulates a total of four game misconducts, the player/coach will receive an automatic additional one game suspension for a total of five game suspensions.
 - 2. If a player/coach accumulates a total of seven game misconducts, the player/coach will receive an automatic additional three game suspension for a total of ten game suspensions.
 - 3. Any further game misconducts received will result in immediate suspension from P.A.H.L. until a P.A.H.L. Discipline Committee hearing is held. (Hearing to be scheduled within fourteen days of the infraction.)
 - c. If a game is concluded prematurely because of multiple altercations on the ice or a bench clearing brawl incident, or if these incidents occur at the natural end of the game, the following penalties will apply in addition to any assessed to the players by the referees:
 - 1. Both Head Coaches will receive a one game suspension
 - 2. Players may be assessed additional penalties under USA Hockey Supplementary Discipline Rule provisions if deemed necessary by the P.A.H.L. Discipline Committee.
 - 3. The second occurrence for a team will result in a three game suspension for the Head Coach and a discipline hearing by the P.A.H.L. Discipline Committee for the entire team with additional penalties to be determined. (Hearing to be scheduled within fourteen days of the infraction.)

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- H. Penalties under sections F. and G. will be handled as separate sets of violations and served penalties by the V.P. of Discipline.
- I. Carry over suspensions, from the prior season, are to follow the individual player/coach to their new season's P.A.H.L. team, and are to be served per rule IX.4.E.a.

5. Reporting Suspensions:

- A. The reporting procedures in this section apply to all P.A.H.L. Member Association Teams that schedule and play in PAHL. The P.A.H.L. will defer Discipline matters to the secondary League(s) in which the Member Association plays, but must be kept informed of all suspensions and/or hearings.
- B. All infractions causing a suspension must be reported to the P.A.H.L. Discipline Committee Chairperson by the offending player's Association by any means within forty-eight (48) hours of the incident.
 - a. All suspensions must be reported and served, even though they may not appear correctly on the score sheet.
 - b. Failure to report within this specified time period will result in a fifty dollar (\$50.00) fine to the negligent association
 - c. For a game misconduct, it is only necessary to report the incident to the P.A.H.L. Discipline Chairman.
 - d. For a match penalty, a legible copy of the score sheet and a written report about the incident must be sent to the P.A.H.L. Discipline Committee Chairperson, postmarked, within five days of the infraction.
- C. Representatives of both teams must report the occurrence of a match penalty to their own P.A.H.L. Member Association President of P.A.H.L. Discipline Representative.

6. Match Penalties:

- A. A Player or team official incurring a Match Penalty shall be suspended from participating in any USA Hockey games, practices, or team functions, including high school, until the their case is dealt with by the P.A.H.L. Discipline Committee or MidAm Hockey if applicable.
- B. A mandatory hearing by the proper authority shall be held and a decision made relative to any further discipline action within thirty (30) days. If extenuating circumstances prevent the hearing, the player/team official shall automatically be reinstated after thirty (30) days.
- C. The penalized player/team official's Association President or designated P.A.H.L. Discipline Representative will be notified of the time and date of the hearing before the P.A.H.L. Discipline Committee. The player/team official Association is then to notify the player and Head Coach.
- D. Any person appearing at a hearing can only be accompanied by a team representative and/or his/her parents. The P.A.H.L. Discipline Committee will notify the player/team official's Association President, as well as the Association President of the opposing team of the extent of any additional suspensions.

7. Protests:

- A. Only a P.A.H.L. Member Association President or their designated P.A.H.L. Representative can lodge a protest. A coach or parent **may not** lodge a protest.

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- B. Protests may be lodged under this section on rule violations occurring during game play, eligibility issues affecting games, and any other issues not sufficiently resolved by officials, coaches, or other administrators. Once filed, determination will be made as to whether the protest has merit, and if so, the P.A.H.L. will move forward with an investigation, a hearing if necessary, and final resolution.
- C. The President of P.A.H.L. must be notified by phone or email of a protest **within forty-eight (48) hours** of the game.
- D. The written protest and a check for \$50.00 (Fifty dollars), made payable to P.A.H.L., must be postmarked within **seven (7) days** from said game, and must be mailed to the P.A.H.L. Treasurer.
- E. The P.A.H.L. Discipline Committee or P.A.H.L. Rules Committee will rule on the protest within thirty (30) days. If the protest is denied, the fifty (\$50.00) dollars will be forfeited. If the protest is upheld, the fifty (\$50.00) dollars will be returned.
- F. End of the P.A.H.L. Season protests will be handled prior to P.A.H.L. Playoffs.

8. Appeals:

- A. Any P.A.H.L. Member Association Team, player, or a member of any league or association in the MidAm Hockey Association may appeal a disputed case or matter or protests to the MidAm Hockey Association Board of Directors only after they have had a hearing and a decision or have been refused a hearing within its own league or Association. (See “Appeals-Protests” Mid American Hockey Association “Rules and Regulations”.)

Last Revised August 2011

Changes from the 2010-2011 season are highlighted

Rev*01 2011/05/16

Rev*02 2011/05/31

Rev*03 2011/08/23

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X. PAHL MITE JAMBOREE HOCKEY

1. Recommended Rule Parameters

- A.** The development and advancement of PAHL Mite Jamboree Hockey, within the member association's in house "practice" environment, and within the cross association events scheduled among PAHL member associations, is of paramount importance to the PAHL.
- B.** Of utmost importance is building a flexible framework that provides member associations of all sizes the ability to create their individual programs such that they meet their members' needs based on the parameters within which they operate (such as, but not limited to, available ice time, association budgetary constraints, and number of players).
- C.** Compliance is required and mandatory of all member associations. PAHL will monitor associations to ensure the growth and development of these programs as a league, to feed all other PAHL programs up the development pyramid, from Squirt to Midget, from entry level B teams to high level AA/Tier II teams.

2. Administration

- A.** Member associations will be required to appoint a Mite ADM Director for their program. This will be the contact person for their program, along with the association President.
- B.** PAHL will schedule bi-monthly mandatory meetings for all Mite ADM Directors. These meetings will be for the purposes of reporting, educating, and sharing information, and anything else that is necessary to further and maintain the PAHL Mite Jamboree Hockey structure.
- C.** PAHL reserves the right to assign consequences/penalties/fines for non compliance (ie continuation of full ice competition for mites) with the Mite ADM Mandate within the league.

3. Team Units

- A.** Team Unit Size: Range of 9 – 13, based on the USAH recommendation.
- B.** Associations will assign their team units as best fits their group of mites via their association player evaluations. If the association has multiple team units it is recommended that differentiation of player by age and/or skill be considered.
- C.** Associations will disclose how their team units were compiled (ie combination of skill levels; "major" vs "minor" skill levels; older birth year vs younger birth years) to facilitate scheduling of cross association Jamborees.
- D.** Team units must be rostered through USAH as "Developmental". All players listed on continual rosters, no signatures required. Rosters must be submitted to PAHL to be entered into the player data base for future reference. As players are added through the season, the supplemental rosters must be submitted as well. There is no deadline for roster changes.
- E.** Players may be moved from one team unit to another as the association sees fit through the season.

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4. Jamboree Game Play

- A.** PAHL will not rank team units or formally schedule Jamborees between associations. PAHL will devise and supervise a scheduling session in the beginning of the season for interested member associations to schedule cross Jamboree's with other member associations. This will permit associations to more properly match up their groups for cross ice competition and determine their own geographic travel circle. Associations will not be forced to schedule if they prefer to keep their program totally in house.
- B.** Once cross association Jamborees are scheduled the following rules/guidelines will apply:
 - a. Host may determine if the team units will play 2 or 3 cross ice games at the same time.
 - b. Cross ice games may use goalies if available.
 - c. Cross ice games may use small nets if available.
 - d. Regular size nets are permissible as a substitute.
 - e. Cross ice games with a visiting association will require one EMT to be present at that ice pad, as in all PAHL cross association events.
 - f. Host associations may determine the usage of officials. Cross ice game play may be advantageous for training young officials if they are available to be scheduled. Otherwise, coaches may act in the role of dropping the puck to begin play and keep play moving when necessary.
 - g. Participating teams may determine whether to play 3 x 3 or 4 x 4, depending on the number and distribution of players available for a particular Jamboree session.
 - h. Cross ice games will run 12 minutes with a running clock and a buzzer every 90 seconds. At the end of the 12 minute period, the team units will switch and play a new cross ice game against a new team unit, with an approximate 2 minute break to allow teams to enter and exit playing areas.
 - i. Recommended ice slot is 70 – 90 minutes. Team units should be able to play 5 – 6 cross ice games within this time frame.
 - j. No scoresheets; no scoring on the scoreboard.
 - k. Jamborees will be scheduled from the beginning of November to the end of February.
- C.** Associations may determine which and how many of their team units will participate in cross association Jamborees.
- D.** Mite Jamborees may only be scheduled on weekends.
- E.** No Mite preseason game play.
- F.** No banners; no season champs; no playoffs.
- G.** Every player that is rostered in a PAHL association Mite Jamboree hockey program will receive a "participation medal" at the end of the season.

PITTSBURGH AMATEUR HOCKEY LEAGUE
Rules and Regulations 2011 – 2012 Season

XI. PAHL MITE ADM TRANSITION PLAN

Starting with the 2011-2012 Season the PAHL is required to phase in the “Red, White and Blue” hockey program as part of the USAH ADM initiative mandated by the Mid American District. This is all affiliates’ responsibility as member associations in USAH.

There are two primary parts to this phase in process.

1. Affiliate Association Responsibility

- A.** Each Association must adapt their current Mite programs to fall within the parameters of the “Red, White and Blue” hockey within the USAH ADM program. This requires the usage of the skill development concepts and cross ice game play specified within the “Red, White and Blue” hockey program.
- B.** Each Association’s adaptation of this program will differ slightly based on their available ice time, their number of players, their ice cost, and their volunteer base.
- C.** PAHL plans to have a coaches’ seminar instructed by our Regional ADM Director Scott Paluch sometime after the first of the year to assist organizations in making the jump to compliance with this program.

2. PAHL Responsibility

- A.** The PAHL has the responsibility to provide a “game” structure for the new Mite format. Associations will be able to choose to “declare” their Mite team units to participate or not participate, just as they declare teams to play or not play now. The PAHL game structure, if approved by membership, will be a Mite Jamboree structure that will give teams a league schedule to play cross ice competition versus other member associations within the jurisdiction of the league.

3. 2011-2012 Season

- B.** 03 Birthyears: Will be permitted to choose to play squirt providing they have played at least one year of P.A.H.L. team hockey; all other 03 birthyears will play cross ice.
- C.** 04 Birthyears: Will play cross ice
- D.** 05 Birthyears: Will play cross ice
- E.** 06 Birthyears: Will play cross ice

4. 2012-2013 Season

- A.** 04 Birthyears: WILL BE PERMITTED TO CHOOSE TO PLAY SQUIRT PROVIDING THEY HAVE PLAYED AT LEAST ONE YEAR OF PAHL MITE JAMBOREE HOCKEY; ALL OTHER 04 BIRTHYEARS WILL PLAY CROSS ICE
- B.** 05 Birthyears: Will play cross ice
- C.** 06 Birthyears: Will play cross ice
- D.** 07 Birthyears: Will play cross ice

5. Future Seasons

- A.** All 8 and under will play cross ice
- B.** Last year mites may have the opportunity to skate up one year early to squirt.